



Lake Mary

Big Cottonwood Canyon

APPROX. ROUND TRIP

2.0 miles

APPROX. GAIN

720 ft

DIFFICULTY

Moderate

BEST FOR

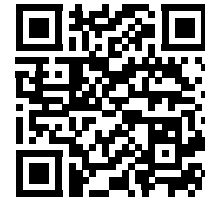
Wildflowers, an alpine lake
and ages 7+

TRAIL STORY

A lake that helps supply drinking water

Lake Mary sits inside Salt Lake City's protected mountain watershed. Snowmelt stored in this high basin eventually helps supply water to communities below.

LIVE TRAIL PAGE



Scan for current trail details and trailhead directions.

LOOK FOR - SIGHTINGS ARE NEVER GUARANTEED

- ☐ A patch of aspen trees
- ☐ Needles and cones from a conifer
- ☐ A wildflower visited by an insect
- ☐ A whistle or movement from a small mammal
- ☐ A change in temperature as you climb
- ☐ A sign explaining watershed rules

THREE TRAIL MISSIONS

- 1 Trace the imagined trip of a snowflake from peak to tap.
- 2 Find one plant adapted to a short mountain summer.
- 3 Count 100 careful steps on the steepest section.

MAP IT!

Draw the uphill route, one rest stop and the lake below the peaks.

Add a legend: start, water, rest stop, viewpoint and turnaround.

KIND HIKER CODE

- Stay on the signed trail.
- Give wildlife plenty of room.
- Leave plants, rocks and water alone.
- Pack out every snack scrap.

THIS TRAIL'S SMART RULE

Protected watershed: no pets or swimming/wading. Keep food scraps and hands out of the water.

GROWN-UP CHECK

Weather, access, parking and closures can change.