

Sunset to Sunrise Trail

Bryce Canyon National Park

APPROX. ROUND TRIP

1.0 mile

APPROX. GAIN

40 ft

DIFFICULTY

Easy

BEST FOR

Strollers, rim views and changing light

TRAIL STORY

Hoodoos built by freezing water

Water enters cracks in Bryce Canyon's rock, freezes and expands. Repeated freeze-thaw cycles help break the rock into fins, windows and the hoodoos below the rim.

LOOK FOR - SIGHTINGS ARE NEVER GUARANTEED

- | | |
|--|--|
| ☐ A hoodoo cluster | ☐ A rock window |
| ☐ A safe overlook railing | ☐ A bristlecone or ponderosa pine |
| ☐ A raven | ☐ A patch of changing light |

THREE TRAIL MISSIONS

- 1 Choose the tallest-looking hoodoo.
- 2 Find two rock colors and imagine their mineral ingredients.
- 3 Watch one shadow move or change shape.

MAP IT!

Draw the rim path between Sunset and Sunrise Points and add three hoodoos.

Add a legend: start, water, rest stop, viewpoint and turnaround.

LIVE TRAIL PAGE



Scan for current trail details and trailhead directions.

KIND HIKER CODE

- Stay on the signed trail.
- Give wildlife plenty of room.
- Leave plants, rocks and water alone.
- Pack out every snack scrap.

THIS TRAIL'S SMART RULE

Stay behind barriers at the rim and use traction when snow or ice is present.

GROWN-UP CHECK

Weather, access, parking and closures can change.